

dallam outdoors

Heversham, Cumbria LA7 7EH Tel: 015395 65961
www.dallamoutdoors.co.uk email: outdoors@dallam.co.uk



BCU Level 2 Coach Training Course

Overview:

This is the new (2007) BCU Level 2 Coach training course. It is the second step on the paddlesport coaching pathway. Completion of this award will permit the holder to operate as an independent coach on sheltered water in any craft. Once qualified, you may also act as an assistant coach on more advanced water, as long as you hold the required star award. Furthermore, you may deliver and assess all the BCU Paddlepower courses and up to 2 star level. Dallam has many years experience of providing high quality, student centred training and education programmes and we intend to deliver this course in the same highly practical and stimulating manner.

Content:

The 4 day generic course covers safety and rescue training, personal paddling, concepts of effective coaching, group organisation and management as well as providing you with plenty of game and activity ideas.

Please check the BCU website for full details of this course

Course Timings:

9am to approximately 5pm daily.

Facilities:

We have large comfortable classrooms which can also be used for the drying of essential gear overnight. Showers are available for your use.

We hope you decide to undertake your course at Dallam. If you have any questions regarding this provision please contact our outdoor staff at the centre, they will be happy to advise you.

Due to high staff/student ratios and the highly disruptive effect of late withdrawals, any course cancelled within 30 days of the start will incur loss of fees. If you have any concerns regarding your ability to participate in a course on which you have enrolled we strongly advise you to take out appropriate insurance. Dallam is not in a position to indemnify clients against any illness, injury or other misfortune which may affect attendance. If a course has to be cancelled by the centre a full refund will be given.

Pre-requisites:

“make every experience count”



Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work



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You must:

- Be 17 years old or over.
- Have successfully completed a 'new' Level 1 Award or 'old' Level 2 training within the previous 3 years
- Be able to paddle consistently at a 3 star standard, and hold the award for 2 and 3 star in both canoe and kayak.
- Have completed a BCU Canoe Safety Test or Foundation Safety & Rescue Training
- The Foundation Safety & Rescue training and the 2 Star assessment can all be covered during the course – these must be passed to undertake the assessment.

Before Assessment you must:

- Have a recognised BCU criminal record check (this may take a few months to process so you may want to apply for this in advance of attending your assessment).
- Hold a valid first aid certificate of at least 6 hours.

Kit List:

Whilst we anticipate that most trainees will possess most of their own kit, Dallam has excellent equipment for all forms of paddlesport which will be available should you need it.

What Happens Next?

- Check you meet all the pre-requisites for the course and you can provide **all** the necessary equipment.
- Read our [Terms and Conditions](#).
- Download a [Booking form](#) and [Personal Information form](#) and post, with payment, to Dallam Outdoors.
- You will receive a receipt and some information about your course to re-read.
- Enjoy the course!

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