

# dallam outdoors

Heversham, Cumbria LA7 7EH Tel: 015395 62818  
www.dallamoutdoors.co.uk email: outdoors@dallam.co.uk



## BTEC National Award in Sport: Outdoor Education

### Overview:

Do you love outdoor activities? Are you looking for a highly practical course?  
Are you interested in sports courses at University? Or want to earn extra UCAS points?  
Then consider our BTEC in Sport: Outdoor Education.

### Enhanced Course in 2009-10

Having successfully run the BTEC Award course in 2008-09, the **BTEC Certificate** course in Outdoor Education is NEW at Dallam for 2009-10. This presents you with some amazing options:-

### Study Options for Outdoor Education

1. BTEC Award - Achieve the equivalent of 1 A Level in a year.
2. BTEC Certificate - Achieve the equivalent of 2 A Levels in a year.
3. BTEC Certificate - Achieve the equivalent of 2 A levels over 2 years.

### Up to 240 UCAS Points

Top performing students could earn up to 120 UCAS points by studying at Award level:-

Distinction = 120 UCAS points (Equivalent of an "A" at A Level)

Merit = 80 points (Equivalent of a "C" at A Level)

You can **double this** if you study at Certificate level as well. So you could earn up to 240 points.

### Course Timetabling

The BTEC timetable is **compatible** with most A Levels at Dallam and other Outdoor Education courses such as our Level 3 NCFE Certificate in the Outdoor Industry.

The Award course will take place on **Wednesdays** from mid-September to July with additional time spent away on a 5 day canoe expedition in November.\*

The Certificate course (which Award level students can study at the same time) will take place on one weekend per month from September to June. Plus:-

5 day canoe expedition in November\*

5 day residential environmental course in February Half Term

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Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work



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7 day expedition in June that you design, prepare and organise yourself\*

\* Students may miss some time from other 6<sup>th</sup> Form subjects, but the expeditions are planned in to minimise disruption.

## Academic Content:

All the units have a high practical context throughout the course:-

### Award Level

- Principles and Practices in Outdoor Ed.
- Health and Safety in Sport
- Body in Action
- Training in Fitness
- Leadership in Sport
- Equipment and Facilities for Outdoor and Adventurous Activities

### Certificate Level

- Outdoor and Adventurous Expeditions
- Skill for Water Based Activities
- Leading Water Based Activities
- Skills for Land Based Activities
- Leading Land Based Activities
- Environmental Education for Outdoor Ed.

### Practical Work:

There will be a high level of practical work that will be centred on these five core activities:

- Rock Climbing
- Kayaking
- Mountain Walking
- Open Canoeing
- Caving

No previous experience is necessary though you should be physically fit.

### Assessment

Your assessment will be by marked assignments, the ongoing maintenance of a portfolio of evidence and via practical assessments. There are **no examinations**.

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## Reviewing and Feedback

Your academic and practical work is regularly reviewed and you receive ongoing feedback. The academic work is marked and moderated with detailed written feedback.

## Expectations

In order to complete the BTEC course, you must maintain attendance of over 85% and Pass all units on the course.

Whilst this is a highly practical course, with 70% of the timetabled days spent on activity, there are assignments for each unit and these must be completed.

### **It is not an easy option!**

Bear in mind that the Award is the equivalent of 1 A level and the Certificate is the equivalent of 2 A levels. This means a significant amount of personal time researching and writing assignments. You should be wary of overloading yourself.

## Discounts on other Courses:

So long as you are up to date with your assignments, you are entitled to 10% discounts on out sea kayaking and canoeing expeditions to Scotland and caving expeditions to France, as well as winter mountaineering skills weeks. If you are over 18 and want to work towards qualifications in the outdoors (NGB's) you are entitled to 50% off training and assessment courses.

**Due to high staff/student ratios and the highly disruptive effect of late withdrawals, any course cancelled within 30 days of the start will incur loss of fees. If you have any concerns regarding your ability to participate in a course on which you have enrolled we strongly advise you to take out appropriate insurance. Dallam is not in a position to indemnify clients against any illness, injury or other misfortune, which may affect attendance. If a course has to be cancelled by the centre a full refund will be given.**

## Kit list:

Whilst Dallam has an extensive stock of outdoor equipment for all activities, which you are welcome to use, you will need to supply the following items:

- All personal clothing
- Walking boots and rock shoes
- Rucksack

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- SW, SE and NE Lakeland maps
- A4 lever arch file, paper, pens and file dividers

## What Happens Next?

- It is essential that you meet with the course coordinator before enrolling you onto the course. Please telephone the centre to make an appointment.

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