



BCA Local Cave Leader Level 2 Training Course

Overview

Dallam runs a wide range of caving provision both home and abroad to suit all interests. This British Caving Association (BCA) course is the second step on the instructional ladder. Holders of this award have been assessed as competent to lead others in a restricted number of caves with simple pitches up to 18m in depth. The list of caves is personal to each individual and is agreed at assessment. The training course comprises 2½ days of practical and theoretical input which will be run as far as possible in line with Dallam's strong experiential ethos. Assessments need to be arranged directly with BCA assessors, this process will be explained during training.

The basic qualification covers appropriate rigging, ladder usage, safety lines, group abseiling and rescue techniques. Individuals may additionally opt to include Single Rope Technique (SRT) use for the leader.

Date and Cost: Please see the website for the most up-to-date information.

Venue: The courses are all based at Dallam Outdoors at Heversham. See our website for details on how to find us.

Facilities: We have large comfortable classrooms which can also be used for the drying of essential gear overnight. Hot drinks will be available at all times and a cooked meal is provided on the middle evening. Showers are available.

Prerequisites

- You must have registered on the BCA's Local Cave and Mine Leader Scheme. You do not need to join the BCA to register.
- Have completed Level 1 Local Cave Leader training
- Arrive on the course with your BCA logbook up to date.

Equipment:

Whilst we anticipate that most trainees will possess much of their own kit, Dallam has excellent equipment for caving which will be available should you need it. Please also bring the following personal equipment:

- Warm clothes and waterproofs
- Wellies (we can provide these but have limited sizes available)

"make every experience count"



Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work



dallam outdoors

Heversham, Cumbria LA7 7EH Tel: 015395 65961
www.dallamoutdoors.co.uk email: outdoors@dallam.co.uk



- Lunch, snacks and both hot and cold drinks
- Towel

Programme

Day 1

- 9.00am Welcome and introductions at our classroom in Heversham
Remit and content of the award
Relevant Equipment
- 10.30am Pack and depart to suitable surface training venue
- 5.00pm Return to Dallam for evening meal.
- 6.00pm Review and discussion of relevant topics
- 8.00pm Finish

Day 2

- 9.00am Meet at Heversham plan and organise appropriate trip in Yorkshire Dales.
- 4.00pm Return to Dallam
Kit away
Personal debrief
Course review
- 6.00pm Course closure and depart

If you have any questions or concerns regarding these courses please feel free to contact us. Further useful information can be found on our website www.dallamoutdoors.co.uk and by contacting the BCA. We hope you decide to do your course with us and look forward to meeting you.

Due to high staff/student ratios and the highly disruptive effect of late withdrawals, any course cancelled within 30 days of the start will incur loss of fees. If you have any concerns regarding your ability to participate in a course on which you have enrolled we strongly advise you to take out appropriate insurance. Dallam is not in a position to indemnify clients against any illness, injury or other misfortune which may affect attendance. If a course has to be cancelled by the centre a full refund will be given.

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