

dallam outdoors

Heversham, Cumbria LA7 7EH
www.dallamoutdoors.co.uk

Tel: 015395 65961

email: outdoors@dallam.co.uk



MLTE Mountain Leader Training

Overview

The highly regarded Mountain Leader Award is the basic qualification for taking groups out mountain walking in the British Isles in non-winter conditions. This course seeks to cover, over 6 days, all the knowledge and skills you require to competently and safely take responsibility for others within the remit of the award. Dallam's ML courses are inexpensive, popular and well received; we hope you decide to do your training with us.

Cost and Dates

Please see our website for the most up-to-date information.

Venue

Please arrive for a 9am start on the first day of your course at Dallam Outdoors in Heversham. We will use a wide range of venues in the Lakes and Dales.

Accommodation

This is a non-residential course. There are many B&Bs and 2 youth hostels close to Dallam.

Content

The course will cover:

- Macro and micro navigation
- Night navigation
- Group management in the mountain environment
- Emergency procedures
- Emergency ropework
- Meteorology
- Personal and group equipment
- River crossing
- Campcraft and expedition skills
- Environmental understanding

There will be evening sessions indoors on 3 further occasions (usually the first, second and third nights) which should finish no later than 8pm. Every day of the course will be run in a practical manner with an overnight wild camp on the penultimate evening.

"make every experience count"



Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work



dallam outdoors

Heversham, Cumbria LA7 7EH
www.dallamoutdoors.co.uk

Tel: 015395 65961

email: outdoors@dallam.co.uk



If you require any further information on this course please contact our staff at Dallam who will be happy to help. Links are available on our website to guide you to the mountain training board and mountaineering council websites.

Due to high staff/student ratios and the highly disruptive effect of late withdrawals, any course cancelled within 30 days of the start will incur loss of fees. If you have any concerns regarding your ability to participate in a course on which you have enrolled we strongly advise you to take out appropriate insurance. Dallam is not in a position to indemnify clients against any illness, injury or other misfortune which may affect attendance. If a course has to be cancelled by the centre a full refund will be given.

Pre-requisites:

It is the candidate's responsibility to ensure that they are aware of and meet the minimum requirements for this qualification.

- You must have registered with your home nation mountain training board e.g. MLTE, for the Mountain Leader Award
- Have an up to date logbook showing your mountaineering experience
- It is necessary to have a minimum of 20 quality mountain days to your name not including days under supervision.
- You must also be a member of your home nation mountaineering council e.g. The BMC, whilst you are taking your training and assessment courses.
- It is worth noting that if you also intend undertaking the Single Pitch Award for rock climbing, you can register for both at the same time and receive a discount on the fee.

Kit list:

We anticipate that candidates will present with most of their own equipment for this course. This includes:

- Clothing suitable for all extremes of weather
- 30/40 litre day sack and 60/70 litre expedition sack
- 3 season boots
- 1:25000 NE and SW Lake District maps
- Map case
- Compass: Silva Expedition 4 is recommended

“make every experience count”



Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work



dallam outdoors

Heversham, Cumbria LA7 7EH
www.dallamoutdoors.co.uk

Tel: 015395 65961

email: outdoors@dallam.co.uk



- Camping equipment suitable for a high level camp. Stoves and tents can be shared by trainees if required.

Dallam will provide ropes and helmets for the ropework day.

What Happens Next?

- Check you meet all the pre-requisites for the course and you can provide **all** the necessary equipment.
- Read our [Terms and Conditions](#).
- Download a [Booking form](#) and [Personal Information form](#) and post, with payment, to Dallam Outdoors.
- You will receive a receipt and some information about your course to re-read.
- Enjoy the course!

“make every experience count”



Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work



dallam outdoors

Heversham, Cumbria LA7 7EH
www.dallamoutdoors.co.uk

Tel: 015395 65961
email: outdoors@dallam.co.uk



“make every experience count”



Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work

