

# dallam outdoors

Heversham, Cumbria LA7 7EH Tel: 015395 65961  
www.dallamoutdoors.co.uk email: outdoors@dallam.co.uk



## SINGLE PITCH AWARD (SPA) ASSESSMENT

### Overview:

The Single Pitch Award is the appropriate qualification for those wishing to lead and coach rock climbing on simple, single pitch crags in non-remote locations and on artificial climbing walls. It is universally accepted by outdoor activity providers across the UK and Ireland for this type of work.

### Content:

The course will provide you with the opportunity to be observed and assessed against the SPA syllabus including:

- Climbing wall use both personally and with groups
- Access and conservation in the outdoors
- Crag Etiquette
- Group management at climbing venues
- Personal climbing – including leading at Severe standard
- Organisation of group climbing including: anchor selection, equipment choice and use, top and bottom roping, belaying, bouldering and abseiling
- The solution of single pitch crag problems.

The above information is not exhaustive and we would encourage you to familiarise yourself with the SPA syllabus on your local Mountain Leader Training Board website (click the link on the [www.dallamoutdoors.co.uk](http://www.dallamoutdoors.co.uk) website).

If you have any questions about this or any other course please feel free to contact us at Dallam.

**Due to high staff/student ratios and the highly disruptive effect of late withdrawals, any course cancelled within 30 days of the start will incur loss of fees. If you have any concerns regarding your ability to participate in a course on which you have enrolled we strongly advise you to take out appropriate insurance. Dallam is not in a position to indemnify clients against any illness, injury or other misfortune which may affect attendance. If a course has to be cancelled by the centre a full refund will be given.**

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Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work



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## Programme (this may vary due to weather conditions):

### Evening 1:

**6.30-10pm** Meet in the Outdoor classroom at Heversham.  
Course introductions and administration  
Climbing wall use – we will use a local wall (entrance fee required)

### Day 1:

**9am-8pm** A day spent out on a local crag assessing a range of the syllabus content.

### Day 2:

**9am-5pm** A day spent on a different crag assessing a range of the syllabus content.  
Result and personal review with the course staff

## Prerequisites for assessment (these are the absolute minimum):

- Current membership of the British Mountaineering Council
- An MLTB SPA logbook with all your experience up to date
- Have attended an approved SPA Training Course
- At least 25 additional lead climbs up to and including Severe Grade placing your own protection i.e. not using bolts or top ropes.
- A minimum of 60 pitches climbed (leading and seconding combined)
- Evidence of having lead in three different areas on three different rock types as a minimum
- Evidence of at least 20 sessions (half day minimum) assisting with groups, this should be predominantly outdoors
- A minimum 6 month consolidation period since training
- Have the Personal Profile page in your log completed
- Bring a current First Aid certificate (16 hours minimum), a photocopy is not acceptable

**NB: If you do not meet any of the above minimum prerequisites you are not eligible for this course. If in doubt, check with us first.**

### Kit List:

Assesseees will be expected to have all relevant equipment for climbing, group management and safety including:

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- Suitable outdoor clothing (we will still be outside even if it's raining!)
- Packed lunch (you may be able to obtain food from the canteen during term time)
- Personal climbing equipment including: helmet, harness, slings, karabiners and leading gear – we will use Dallam ropes.

## What Happens Next?

- Check you meet all the pre-requisites for the course and you can provide **all** the necessary equipment.
- Read our [Terms and Conditions](#).
- Download a [Booking form](#) and [Personal Information form](#) and post, with payment, to Dallam Outdoors.
- You will receive a receipt and some information about your course to re-read.
- Enjoy the course!

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