

dallam outdoors

Heversham, Cumbria LA7 7EH Tel: 015395 65961
www.dallamoutdoors.co.uk email: outdoors@dallam.co.uk



MLTE Single Pitch Award (SPA) Training

Overview:

The Single Pitch Award is the appropriate qualification for those wishing to lead and coach rock climbing on simple, single pitch crags in non-remote locations and on artificial climbing walls. It is universally accepted by outdoor activity providers across the UK and Ireland for this type of work.

Content:

The course will assess your current knowledge and abilities and cover the SPA syllabus including:

- Climbing wall use both personally and with groups
- Access and conservation in the outdoors
- Crag Etiquette
- Group management at climbing venues
- Personal climbing – including leading at up to Severe standard
- Solution of single pitch crag problems
- Organisation of group climbing including anchor selection, equipment choice and use, top and bottom roping, belaying, bouldering and abseiling

Programme (this may vary due to weather conditions):

Evening 1 - 6.30-10pm:

Course introductions and administration

Climbing wall use – we will use a local wall (entrance fee required)

Day 1 - 9am-8pm:

A day spent out on a local crag covering a range of the syllabus content.

Day 2 - 9am-5pm:

A day spent on a different crag covering a range of the syllabus content.

Personal review and action planning with the course staff

The above information is not exhaustive and we would encourage you to familiarise yourself with the SPA syllabus on your local Mountain Leader Training Board website (click the link on the www.dallamoutdoors.co.uk website).

If you have any questions about this or any other course please feel free to contact us at

“make every experience count”



Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work



dallam outdoors

Heversham, Cumbria LA7 7EH Tel: 015395 65961
www.dallamoutdoors.co.uk email: outdoors@dallam.co.uk



Dallam on 015395 65961 or outdoors@dallam.co.uk.

Due to high staff/student ratios and the highly disruptive effect of late withdrawals, any course cancelled within 30 days of the start will incur loss of fees. If you have any concerns regarding your ability to participate in a course on which you have enrolled we strongly advise you to take out appropriate insurance. Dallam is not in a position to indemnify clients against any illness, injury or other misfortune which may affect attendance. If a course has to be cancelled by the centre a full refund will be given.

Pre-requisites for training (these are the absolute minimum):

- Current membership of the British Mountaineering Council
- Advance registration with your national Mountain Leader Training Board (MLTE in England) on the SPA scheme
- An MLTB SPA logbook with all your experience up to date
- Logged evidence of at least 15 lead climbs of any grade placing your own protection i.e. not using bolts or top ropes
- Evidence that you have been climbing for at least 12 months
- That you are at least 18 years of age

NB: If you do not meet any of the above minimum prerequisites you are not eligible for this course. If in doubt, check with us first.

Kit List:

Trainees are encouraged to bring any personal climbing gear they have – it provides excellent grounds for discussion and debate. Dallam has comprehensive stocks of climbing hardware and we will be using Dallam ropes.

Please bring the following:

- Suitable outdoor clothing (we will still be outside even if it's raining!)
- Bring a packed lunch (you may be able to obtain food from the canteen during term time)

What Happens Next?

- Check you meet all the pre-requisites for the course and you can provide **all** the necessary equipment.
- Read our [Terms and Conditions](#).

“make every experience count”



Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work



dallam outdoors

Heversham, Cumbria LA7 7EH Tel: 015395 65961
www.dallamoutdoors.co.uk email: outdoors@dallam.co.uk



- Download a [Booking form](#) and [Personal Information form](#) and post, with payment, to Dallam Outdoors.
- You will receive a receipt and some information about your course to re-read.
- Enjoy the course!

“make every experience count”



Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work



dallam outdoors

Heversham, Cumbria LA7 7EH Tel: 015395 65961
www.dallamoutdoors.co.uk email: outdoors@dallam.co.uk



“make every experience count”



Also experts in the provision of:

- BCU courses
- Cave Leader Levels 1 & 2
- REC First Aid 1, 2 & At Work

