

Mountain Leader Training and Assessment

Kit list:

We anticipate that candidates will present with most of their own equipment for this course. This includes:

- Clothing suitable for all extremes of weather
- 30/40 litre day sack and 60/70 litre expedition sack
- 3 season boots
- 1:25000 NE and SW Lake District maps
- Map case
- Compass: Silva Expedition 4 is recommended
- Camping equipment suitable for a high level camp. Stoves and tents can be shared by trainees if required.

Dallam will provide ropes and helmets for the ropework day.